

Kohlrabi

How to Prepare and Microwave Kohlrabi:

Trim root ends and stems above bulbs from 4 to 5 medium kohlrabi (about 2 lbs.). Scrub and peel bulb. Cut into 1/4 -in. slices.

Combine in 2 qt. Casserole with 1/4 cup water; cover. Microwave at high 10 to 15 minutes, or until fork tender, stirring every 4 minutes. Let stand 5 minutes.

Drain and serve with cream sauce and caraway; butter with dill; a dash of Worcestershire; salt and pepper; cheese sauce or sour cream and chives.